

in this newsletter >>>

STEM Activities at Home

Literacy Boost

4K Field Trip

Copycat Recipe



a monthly insight into CARE Academy



# in JANUARY



## Student of the Month

Nuri Cooper has earned student of the month for always being so polite and patient with her friends and teachers. Nuri is the most optimistic and kind student, and we are so happy that we get to watch her grow!

## Employee Spotlight

Ms. Charlene is well deserving of our teacher spotlight this month! She is such a patient teacher who is dedicated to learning more about the ins and outs of early childcare. We appreciate you Ms. Charlene!

## STEM Activities at Home

What is STEM? STEM stands for science, technology, engineering, and math. These fields encourage critical thinking, curiosity, creativity, collaboration and problem solving! Early introductions to these areas allow children to be exposed to different mediums and career paths.

### Building

Build a bridge using legos, plastic cups, or popsicle sticks and tape – test it with a toy car or seeing if it can hold a doll!



### Science

Make slime, [3 ingredient ice cream](#), or the classic baking soda and vinegar volcano!

### Nature

Start a garden from seeds and learn about a plant's life cycle, predict the weather, or visit the beach and observe the wave patterns.

## Important Dates and Closings

Jan 30<sup>th</sup> – 4K 100<sup>th</sup> Day of School

Feb 5<sup>th</sup> – **CLOSED at 12 noon** for Professional Development

Feb 6<sup>th</sup>-7<sup>th</sup> – **CLOSED** for Professional Development

March 5<sup>th</sup> – Center Wide Literacy Boost

March 7<sup>th</sup> – 4K CLOSED for Professional Development

April 14<sup>th</sup>-18<sup>th</sup> – **CLOSED** for Spring Break

C.A.R.E. Academy

2507 & 2509 Ashley River Rd  
Charleston, SC 29414

(843)277-2177

[careacademyschools.com](http://careacademyschools.com)

## 4K Literacy Boost

Our first language and literacy boost of the 2024-2025 school year was in December and the focus was math and measurement.

The children enjoyed measuring muffin mix and matching letters. Thanks, families, for those of you who were able to come and participate! Catch the next literacy boost in March!



Our 4K classes had the pleasure of visiting Young Chef's Academy for this year's first field trip! They are currently learning about bread and got the chance to learn more about how yeast works. We made sweet sticky buns and they were delicious!

Young Chef's Academy also offer cooking classes for children ages 4-12+ as well as workshops for the family!

Check them out at

[charlestonsc.youngchefsacademy.com](http://charlestonsc.youngchefsacademy.com)



## Copypcat Zuppa Toscana Soup

### Ingredients

- 1 lb. ground pork sausage
- 3/4 cup onion diced
- 6 slices bacon diced
- 1 teaspoon garlic minced
- 4 cups chicken broth
- 1 cup potatoes cut into bite sized pieces
- 2 cups kale thinly sliced
- 3/4 cup whipping cream

### Instructions

1. Cook sausage in a large skillet and brown over medium heat
2. Drain and set aside
3. Place your onion and bacon in the skillet and sauté over medium heat until the onions are translucent
4. Place sausage, onions, bacon and garlic in your large pot along with broth and potatoes
5. Cook on low for 20 min
6. Add kale and whipping cream and allow to simmer for 10 min before serving

